



# Calling all Budding Chefs

## Now Forming

# UES Healthy Cooking Club

If you enjoy helping out in the kitchen then you'll want to join the fun as we cook up delicious recipes while learning all about healthy choices to make mealtimes great! Seasonal flavors are always focused! Each meeting features fun activities while developing skills that will last a lifetime!

**Meet Mrs. Kearns on Monday's from 3:00-4:00 pm in the Cafeteria.**

- Choose from one of 3 eight week sessions. First Come First serve. Wait list is available.
- Please return the permission slip below.



**Please select your session:**

- \_\_\_\_\_ October 23 — December 18
- \_\_\_\_\_ January 8 — March 11
- \_\_\_\_\_ March 18 — May 13

I give permission for my child to attend the Healthy Cooking Club on Monday afternoons from 3:00—4:00 pm.  
I understand that there is no transportation provided and will pick my child up at 4:00 pm.

**Student Name** \_\_\_\_\_

**Grade** \_\_\_\_\_ **HR** \_\_\_\_\_

**Parent/Gaudian Name (Printed)** \_\_\_\_\_

**Parent/Guardian Signature** \_\_\_\_\_

**Contact Phone number** \_\_\_\_\_

**Contact Email** \_\_\_\_\_

**Are there any allergies, food sensitivities or dietary restrictions?**

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